

PERSONAL CARDIAC RISK FACTORS

Check all that apply to you

- History of tobacco use
- Family history of heart disease (*immediate family, mother, father, brother, sister*)
- History of high cholesterol
- History of high blood pressure
- History of diabetes
- Prior history of heart disease
- History of obesity
- Sedentary/inactive lifestyle
- Age (*Male over age 45 – Female over age 55*)
- Menopausal female

PAST MEDICAL HISTORY

Check all that apply to you

- | | | |
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| <ul style="list-style-type: none"> <input type="checkbox"/> Previously healthy with no significant history <input type="checkbox"/> Adrenal Insufficiency <input type="checkbox"/> Amyloid <input type="checkbox"/> Anemia <input type="checkbox"/> Anxiety <input type="checkbox"/> Asthma <input type="checkbox"/> Alzheimer’s Disease Arthritis: <input type="checkbox"/> Generalized <ul style="list-style-type: none"> <input type="checkbox"/> Gouty <input type="checkbox"/> Osteo <input type="checkbox"/> Rheumatoid <input type="checkbox"/> Autoimmune Disorder <input type="checkbox"/> Bicep Tear <input type="checkbox"/> Bipolar Disease <input type="checkbox"/> Birth Complications: Miscarriage, Still birth <input type="checkbox"/> Blind <input type="checkbox"/> BPH/Prostate Issues <input type="checkbox"/> Barrett’s Esophagus <input type="checkbox"/> Bell’s Palsy <input type="checkbox"/> Bronchitis-Chronic <input type="checkbox"/> Carpal tunnel <input type="checkbox"/> Cataracts <input type="checkbox"/> Cellulitis <input type="checkbox"/> Cirrhosis <input type="checkbox"/> Colitis <input type="checkbox"/> Crohn’s <input type="checkbox"/> COPD/Emphysema <input type="checkbox"/> CVA/Stroke/TIA | <ul style="list-style-type: none"> <input type="checkbox"/> Cancer, if yes, what kind: _____? <input type="checkbox"/> Degenerative Joint Disease <input type="checkbox"/> Dementia <input type="checkbox"/> Depression <input type="checkbox"/> Diabetes: Type: <input type="checkbox"/> I <input type="checkbox"/> II <input type="checkbox"/> Diabetic Neuropathy <input type="checkbox"/> Diverticulitis <input type="checkbox"/> DVT <input type="checkbox"/> Endometriosis <input type="checkbox"/> Erectile dysfunction <input type="checkbox"/> Esophagitis <input type="checkbox"/> Fibromyalgia <input type="checkbox"/> Gastric Ulcer <input type="checkbox"/> Glaucoma <input type="checkbox"/> GI Bleed <input type="checkbox"/> Gallbladder Disease <input type="checkbox"/> GERD <input type="checkbox"/> Gout <input type="checkbox"/> Hemorrhoids <input type="checkbox"/> Hernia <input type="checkbox"/> HIV <input type="checkbox"/> Hodgkin’s Disease <input type="checkbox"/> Hyperlipidemia (High Cholesterol) <input type="checkbox"/> Hypertension <input type="checkbox"/> Hyperthyroid <input type="checkbox"/> Hypothyroid <input type="checkbox"/> Irritable Bowel Syndrome <input type="checkbox"/> Kidney Stone <input type="checkbox"/> Leukemia | <ul style="list-style-type: none"> <input type="checkbox"/> Lupus <input type="checkbox"/> Lymphoma <input type="checkbox"/> Macular Degeneration <input type="checkbox"/> Migraine Headaches <input type="checkbox"/> Obesity <input type="checkbox"/> Osteoporosis <input type="checkbox"/> Pancreatitis <input type="checkbox"/> Parkinson’s Disease <input type="checkbox"/> Peripheral Neuropathy <input type="checkbox"/> Polycystic Kidney Disease <input type="checkbox"/> Pulmonary Embolus <input type="checkbox"/> Pulmonary Fibrosis <input type="checkbox"/> Preeclampsia <input type="checkbox"/> Raynaud’s Phenomenon <input type="checkbox"/> Renal Insufficiency <input type="checkbox"/> Renal Failure <input type="checkbox"/> Sarcoid <input type="checkbox"/> Scoliosis <input type="checkbox"/> Seizures <input type="checkbox"/> Sleep Apnea <input type="checkbox"/> Spinal Stenosis <input type="checkbox"/> Syncope (Passing Out)/Near <input type="checkbox"/> Trigeminal Neuralgia <input type="checkbox"/> Ulcer Disease <input type="checkbox"/> Varicose Veins <input type="checkbox"/> Vertigo <input type="checkbox"/> Other: _____ _____ _____ _____ |
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PAST CARDIAC HISTORY

Check all that apply to you

- No previous history of cardiac disease
- AAA
- Aortic Aneurysm
- ASD (Atrial Septal Defect)
- Arrhythmia: A-Fib (Atrial Fibrillation)
- A-Flutter (Atrial Flutter)
- Bradycardia
- PAC's/PVC's
- Palpitations
- SVT
- Tachycardia
- CAD (Coronary Artery Disease)
- Cardiomyopathy
- Carotid Artery Stenosis
- CHF (Congestive Heart Failure)
- Claudication: Right Left Bilateral
- Endocarditis
- Murmur
- PFO (Patent Foramen Ovale)
- Pericarditis
- Pulmonary Edema

- Pulmonary Valve Stenosis
- Pulmonary Hypertension
- PVD (Peripheral Vascular Disease)
- Rheumatic Heart Disease
- Sick Sinus Syndrome
- Sudden Death
- MI (Myocardial Infarction)
- Myocarditis
- S/P Cardiac Stent: _____
- Valve Disease:
- Aortic: Stenosis Regurgitation
- Mitral: Stenosis Regurgitation Prolapse
- Tricuspid: Stenosis Regurgitation
- (VSD) Ventricular Septal Defect
- Ventricular Tachycardia
- WPW
- Other: _____
- _____
- _____
- _____

INFECTIOUS HISTORY

Check all that apply to you (Please provide month/year if available)

- No history of infectious diseases
- Childhood illnesses of mumps, measles and chickenpox
- Chickenpox: _____
- Clostridium Difficile: _____
- COVID-19: _____
- Diphtheria: _____
- Gonorrhea: _____
- Histoplasmosis: _____
- HIV: _____
- Hepatitis: _____
- A B C
- Herpes: _____
- Shingles: _____
- Malaria: _____
- Meningitis: _____

- Measles: _____
- Mumps: _____
- Rheumatic Fever: _____
- Pneumonia: _____
- Scarlet Fever: _____
- Syphilis: _____
- Tuberculosis: _____
- Typhoid Fever: _____
- Polio: _____
- Guillain-Barre: _____
- Sternal Wound
- Tick borne disease: _____
- Vaccinations: _____
- _____
- _____

Trauma History

Check all that apply to you (Please provide year if available)

- No history of trauma
- Burns (Major) : _____
- Skull Fracture: _____
- Concussion: _____
- Fracture: _____
Location: _____
- Traumatic Amputation: _____

- Gunshot Wound: _____
- Stab Wound: _____
- Traumatic Brain Injury
- Wounded in the War: _____
War: _____

SURGERIES

Check all that apply to you (Please provide year if available)

- No prior surgical procedures
- AAA-Repair : _____
- AKA (Above the knee amputation) R / L: _____
- Ankle Surgery: _____
- AVR (Aortic Valve Replacement) : _____
- Appendectomy: _____
- ASD Repair: _____
- Back Surgery: _____
- Bicep Repair: _____
- BKA (Below the knee amputation) : _____
- Bladder Surgery: _____
- Breast Surgery: _____
- CABG (Coronary Artery Bypass): _____
- Redo-CABG: _____
- Carotid Endarterectomy: _____
- Cataract Extraction: _____
- Carpal Tunnel Release: _____
- Cesarean Section: _____
- Colonoscopy: _____
- Gallbladder (Cholecystectomy): _____
- Colectomy: _____
- D &C: _____
- Endometrial Ablation: _____
- Elbow Surgery: _____
- Exploratory Lap: _____
- Eye Surgery: _____
- Fem-Pop Bypass: _____
- Foot Surgery: _____
- Gastric Surgery: _____
- Hand Surgery: _____

- Heart Transplant: _____
- Hemorrhoidectomy: _____
- Hysterectomy: _____
- Hernia Repair: _____
- Hip Surgery: _____
- Knee Surgery: _____
- Lung Surgery: _____
- MVR (Mitral Valve Replacement): _____
- Nasal Surgery: _____
- Neck Surgery: _____
- Nephrectomy: _____
- Parathyroidectomy: _____
- Pericardiocentesis: _____
- PFT's (Pulmonary Function Testing): _____
- Prostate Surgery: _____
- Pseudo Aneurism Injection: _____
- Shoulder Surgery: _____
- Sleep Study: _____
- Thyroidectomy: _____
- Tonsillectomy: _____
- Tonsillectomy/Adenoids: _____
- Tubal Ligation: _____
- TURP: _____
- VQ Scan: _____
- Vasectomy: _____
- Vein Stripping: _____
- Other: _____

SOCIAL HISTORY & LIFESTYLE

Alcohol use

Do you consume alcohol? YES NO

History of Alcohol Abuse

If Yes: How many drinks? _____

Daily

Weekly

Monthly

1 Standard drink = 12oz beer, 5oz wine, 1.5oz (standard jigger) liquor

Smoking/Tobacco use

Do you currently smoke *cigarettes/smokeless cigarettes* or use *other tobacco* (Circle Type)? YES NO

Have you smoked in the past? YES NO How many years did you smoke _____ Packs per day? _____

When did you quit? _____

Diet

Are you on any special diet (diabetic diet, etc.)? YES NO

If yes, what type? _____

Do you drink caffeinated beverages? YES NO If yes, how many per day? _____
(Coffee, tea, soda, etc.)

Exercise

No Regular Exercise

Some exercise

Exercises daily

Exercises on regular basis

(30 minutes per day, at least 3 times per week)

Type:

Aerobics

Running/Jogging

Walking

Weight Lifting

Other: _____

Substance abuse

Do you have any history of drug use? YES NO

If yes, please specify _____

Any IV Drug use? YES NO

Lifestyle

Single

Married

Widowed

Divorced

Separated

Partnered

Occupation

Please list: _____

Retired

Unemployed

Student

Residence

Lives alone

Lives with others'

Lives in a healthcare facility

REVIEW OF SYMPTOMS (Please check if you are currently experiencing symptoms or indicate *No Symptoms*)

General

- No Symptoms*
- Fatigue Decreased exercise tolerance
- Unplanned recent weight loss gain
How Much? _____ lbs.
- Recurrent chills and fever
- Other: _____

Integumentary

- No Symptoms*
- Rash Itching Skin Lesions
- Other: _____

Eyes

- No Symptoms*
- Decreased acuity Blind
- Double vision (diplopia) Changes in vision
- Other: _____

Ears, Nose & Throat

- No Symptoms*
- Hearing loss: Partial Complete
- Difficulty speaking Nose bleeds
- Other: _____

Respiratory

- No Symptoms*
- Cough: Dry Productive
- Shortness of breath (Dyspnea):
 At Rest With Exertion
- Coughing up blood (Hemoptysis)
- Wheezing
- Other: _____

Cardiovascular

- No Symptoms*
- Chest pain Palpitations
- Dizziness
- Swelling: Ankles Legs
- Short of breath: At rest With exertion
- Short of breath lying flat (orthopnea)
- Passing out (syncope)
- Leg fatigue/pain when walking
- Non-healing wounds
- Other: _____

Gastrointestinal

- No Symptoms*
- Nausea Abdominal discomfort
- Blood in stool:
 Bright Dark/Tarry
- Diarrhea Constipation
- Other: _____

Musculoskeletal

- No Symptoms*
- Chronic back pain Joint pain
- Muscle weakness
- Other: _____

Neurological

- No Symptoms*
- Confusion Headaches
- Vertigo
- Other: _____

Psychiatric

- No Symptoms*
- Feelings of anxiety or depression
- Change in:
 Behavior Mood Personality
- Other: _____

Endocrine

- No Symptoms*
- Excessive thirst (polydipsia)
- Excessive urination (polyuria)
- Intolerance to cold
- Other: _____

Hematological/Immunological

- No Symptoms*
- Bleeding disorder
- Easy Bleeding Easy Bruising
- Swollen Lymph Nodes
- Other: _____